

The Sandwich Generation

Support Group

Are you a parent to your parent and possibly parent to your teen or college age student at the same time? Welcome to the “Sandwich Generation”.

We are offering this Support Group/Bible Study starting Oct. 20th at 7 p.m. This 4 week series will look at scripture and each other for strength and support. You'll be able to get ideas from what others have been doing to help their parents and what resources might be out there to help you in your journey. Many at Good Shepherd are in this category, as well as friends of Good Shepherd. This is open to the public.

Pat Kraus is our guide through this series. Her background involves nursing and recently completing a Masters of Arts degree on Congregational & Community Care for the Aging at Luther Seminary.

There is a sign-up sheet by Pastor Ben's office or email goodshep@eflock.org to let us know you are coming.

